

## Under 18 Students University of Adelaide College

#### Accommodation

The University currently has 2 Accommodation Options for U18 students.

- 1) Homestay
- 2) Urbanest

If you are having any issues at your accommodation please let me know. I will be able to advise you of the best person to speak to or talk to your accommodation on your behalf.

### Accommodation (Cont)

Never leave your accommodation placement which has been made by the College unless you have first consulted with the U18 Coordinator.

### Staying in Contact With the College

From the day you arrive, you should make sure you:

- Keep in touch with your parents on a regular basis once a week is ideal
- If you are sick and cannot come to class make sure that you ring in the morning or get someone to ring to let us know you are okay.
- Have the College after hours number with you at all times in the event of an emergency (0429 536 190 Matt Sims)
- Seek help from the College/University staff when you are unsure about what to do in any situation
- Know the phone number of your homestay family or Student Accommodation so you can ring if you are going to be late home
- Know the address of your homestay or hostel so you can get there if you are lost or lose your phone.

### Fortnightly U18 Meetings

You will have fortnightly U18 meetings with the U18 Coordinator/Teacher to discuss their studies.

After these meetings an update will be sent to your parents.

In these meetings we will discuss -

- Accommodation/Living Arrangements
- Academic Performance/Assistance required
- Health & Emotional Wellbeing
- Social life & Hobbies
- Finances
- Travel Plans

### Fortnightly U18 Meetings (Cont)

You need to make sure they attend these meetings and if they need to reschedule contact me as soon as possible.

Your first meeting will be scheduled during Week 1 once your individual enrolments are complete and your timetables are confirmed.

#### Medical and Health Matters

#### General Health

Monitor your health generally and make sure you seek help from the U18 Coordinator or a doctor when necessary.

#### **Emotional Health**

Make sure you contact an adult whom you trust and preferably someone from the College/University if you suffer from depression, anxiety, homesickness, feeling angry all the time, can't sleep, anything else out of the ordinary or a pattern of behaviour that is worrying you.

### General Safety & Security (Cont)

#### **General Safety and Security**

- Do not walk alone at night and make sure you know the safe areas of the city and the safe after-dark practices in Australia. For example –
  - It isn't safe to walk through parks after dark
  - It isn't safe to wait alone after dark for buses so try to avoid it
  - Avoid the city streets at night
  - Always travel with someone else if possible
  - Make sure you have your host family or student accommodation contact details in case of an emergency and that you know what to do if you get into a dangerous or uncomfortable situation (i.e. mobile phone numbers to ring, money for a taxi home if you are late, etc.)
  - Make sure your Homestay or Student Accommodation knows where you are going and when to expect you home.

### General Safety & Security (Cont)

#### **Bullying & Harassment**

Harassment, bullying or discrimination are not tolerated.

Any allegations of the above behaviour will be treated seriously and disciplinary action may be taken, including:

- eviction
- reporting to authorities

If you feel that you have been mistreated by another person(s) tell College Student Services staff immediately

(9am-5pm Monday to Friday: 08 8313 0504, or after hours: 0429 536 190).

#### Curfew

You must be home by curfew each night of the week.

Students staying at Urbanest will have to check in at **10pm** every night with staff at urbanest.

Students staying in a Homestay have a maximum curfew of **10pm** every night.

### Curfew (Cont)

If you don't come home at night and there is no contact from you, the College or host family will ring the Police.

If you do not return to your approved accommodation by curfew then the College will be informed, your parents will be told, your enrolment may be cancelled, your visa may be cancelled and you may be on a plane home.

This is serious.

Under 18 students are not allowed to stay overnight at a friend's house, you must return to your approved accommodation by curfew every night.

#### Travel

You are not allowed to travel without making prior arrangements with the Student Services Coordinator at the College.

You need to give plenty of notice if you want to travel so that your travel plans can be checked and approved. You must do this BEFORE you make any bookings.

#### Forbidden Behaviours

- Drinking alcohol
- Smoking
- Sexual activity
- Drug taking

# What to do if You Are Unsure About How to Manage A Situation???

Stay in contact with the College/University, even after hours.

Our responsibility for you is very serious so don't hesitate to contact us at any time if you are not sure how to handle a situation or if you are worried, or if you are sick, in danger, feel worried, etc.

The College/University will listen carefully if you confide in us and we will help you with any situation.

#### **Contact Details**

- Matthew Sims
- Under 18 Coordinator
- University of Adelaide College
- Email: <u>matthew.sims@adelaide.edu.au</u>
- Phone: (08) 8313 0504
- Mobile: 0429 536 190
  - General Enquiries 9:00pm 5:00pm Mon Fri
  - Emergency 24/7

